

Regional Movers Index

Jun 2025 Quarter Report

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What is the Regional Movers Index?

The **Regional Movers Index** presents fresh analysis of movements between Australia's capital cities and regions.

The **Index** is a partnership between Commonwealth Bank of Australia (CBA) and the Regional Australia Institute (RAI), powered by analysis of proprietary data to create an up-to-date and granular picture of a large sample of relocations.

Released quarterly, the RMI was established at the height of the COVID-19 pandemic to track the movement of capital city people to the regions. The RMI publication also highlighted that regional people were tending to stay in regions to avoid those severe capital-city lockdowns. Housing and cost of living pressures are continuing to influence the patterns of movement within Australia, and the RMI publication has been refined to focus on the net migration flows to give current information on the extent to which regional populations are either growing or shrinking. See pp 17-19 in the appendix for details on the various revisions to the methodology that focuses on these net flows.

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- The **Index** is powered by CBA data from relocations amongst its more than 14.6 million customers.
 - Quarterly and annual changes are presented in the **Index**.
 - This **Index** is an invaluable resource for both the public and private sectors. By tracking people's movements it enables early identification of growth trends, and flags places emerging as hotspots needing fresh thinking on housing and infrastructure.

Regional Movers Index

Regional Australia continues to attract metro movers amid national slowdown

The flow of capital-city people moving into Australia's regions fell to its lowest level since the December 2019 quarter. The Regional Movers Index (RMI) – which tracks migration from capital cities to regional areas – fell by nearly 20 per cent (-19.3 per cent) in the June quarter of 2025, reaching a level that is 16.5 per cent lower than a year earlier.

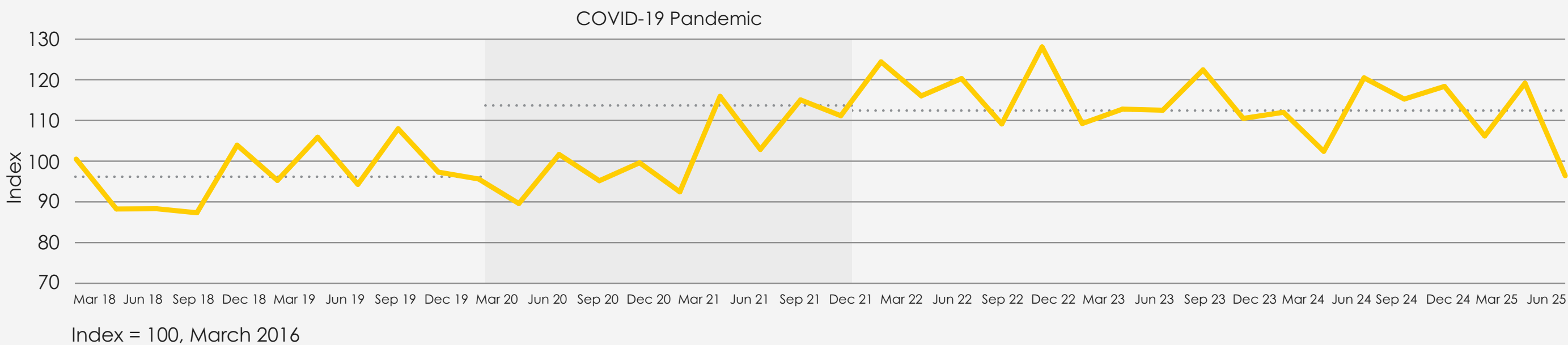
The fall comes against a backdrop of overall reduced mobility across the country of 15.2 per cent, signalling significantly fewer relocations occurring during the June 2025 quarter (the fewest since the December 2020 quarter in the midst of the pandemic).

Migration from Australia's capitals to the regions has remained high since the onset of the COVID-19 pandemic. It's unclear whether the latest quarterly result represents a break in this trend or is due to wider factors affecting mobility across all of Australia.

However, despite this downward trend, the direction of relocations continues to favour the regions. Many more Australians continue to move from capital cities to regions (11.2% of all movements) than from regions to capital cities (8.9%).

See pg 19, Note on methodology: definitions of inter-regional, inter-capital, region-region and capital-region migration, which discusses the shares under this breakdown of total major relocations.

Regional Movers Index: Population flows from capital cities to regional Australia



Breakdown of total major relocations
June Quarter 2025

		To	
		Regional Australia	Capital Cities
From	Regional Australia	11.8%	8.9%
	Capital Cities	11.2%	68.1%

Net Internal Migration to Regional Australia

More people moving from cities to regions than from regions to cities

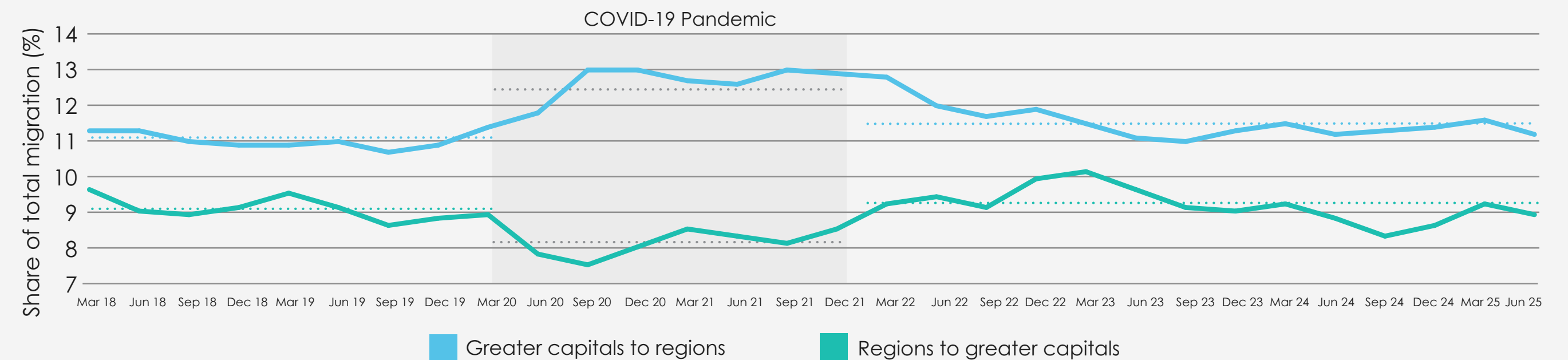
In the June 2025 quarter, capital city people moving to Australia's regions outnumbered regional people making a move in the opposite direction by 26 per cent, maintaining a positive gap in favour of regional population growth.

Migration from capitals to regions in the June 2025 quarter accounted for 11.2 per cent of all internal migration. Migration from regions into the capitals accounted for an 8.9 per cent share of all internal migration.

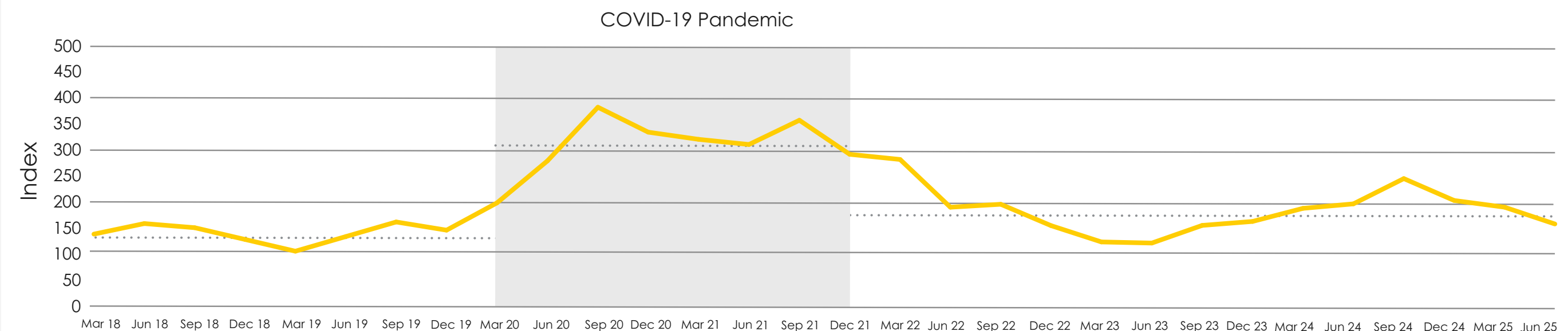
Movement between capitals and regions in both directions declined as a share of total movement due to intra-capital city movement (not shown on the chart) increasing its share of all movements from 66.4 per cent in the March quarter to 68.1 per cent in the June quarter. In a quarter that experienced an overall decline in mobility, there was less decline in intra-capital city movements than movement to and from the regions.

The net migration index (net flow from capital to regions) declined for a third consecutive quarter in the June quarter of 2025, although it remains 17 per cent higher than what prevailed prior to the pandemic.

Regional migration - share of all internal migration



Net migration to regional areas – indexed



Migration Patterns By State

Migration from capitals channelled to regional NSW and regional Queensland

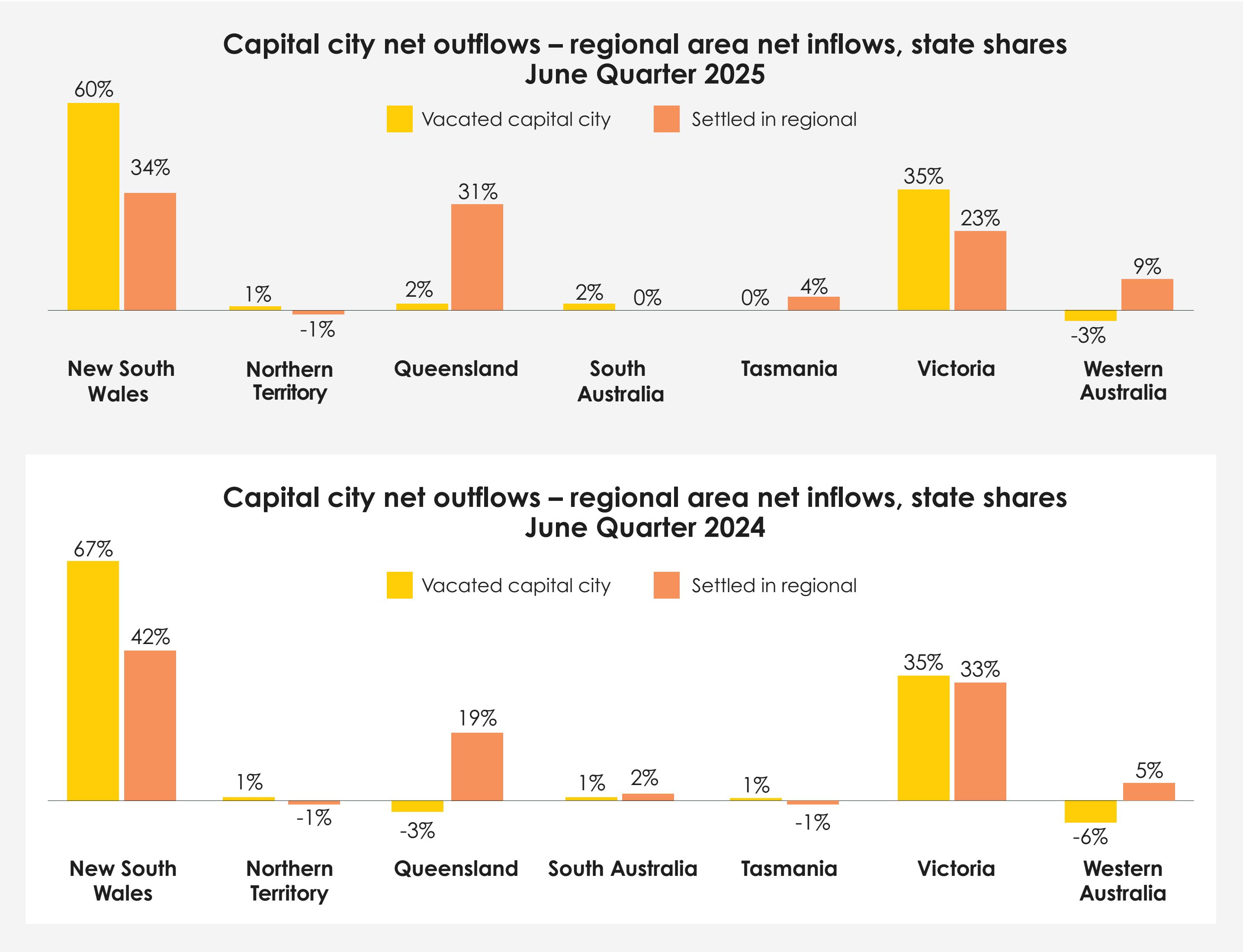
The charts opposite show the breakdown of net migration on a state-by-state basis in terms of the share of **net migration out of capital cities to regions** and **net migration into regional areas from capital cities**.

In the June 2025 quarter Sydneysiders accounted for 60 per cent of the net outflow from all of the country's capitals into regions; Melburnians accounted for 35 per cent.

The net migration from capitals into regions in the June 2025 quarter was channelled predominantly into the regions of the mainland eastern states. Regional New South Wales and regional Queensland welcomed the largest shares; of 34 per cent and 31 per cent, respectively. Regional Victoria, accounted for 23 per cent of the net migration into all regions from capital cities during the quarter.

This state breakdown in migration patterns reflects a resurgent regional Queensland – it significantly increased its share of total net capital city to regional migration from 19 per cent in June 2024 quarter to 31 per cent in June 2025 quarter.

Meanwhile, Tasmania has seen a reversal of the net outflows from its regions to capital cities. Tasmania's regions received net inflows from capital cities in June 2025 quarter accounting for 4 per cent of all regional inflows.



Regional Hotspots by Share

Top Five LGAs: the largest net internal migration inflows

The Sunshine Coast returned to the number one spot for net migration to Australia's regions in the year to June 2025. After taking the lead in the March quarter, Greater Geelong has slipped back to second place.

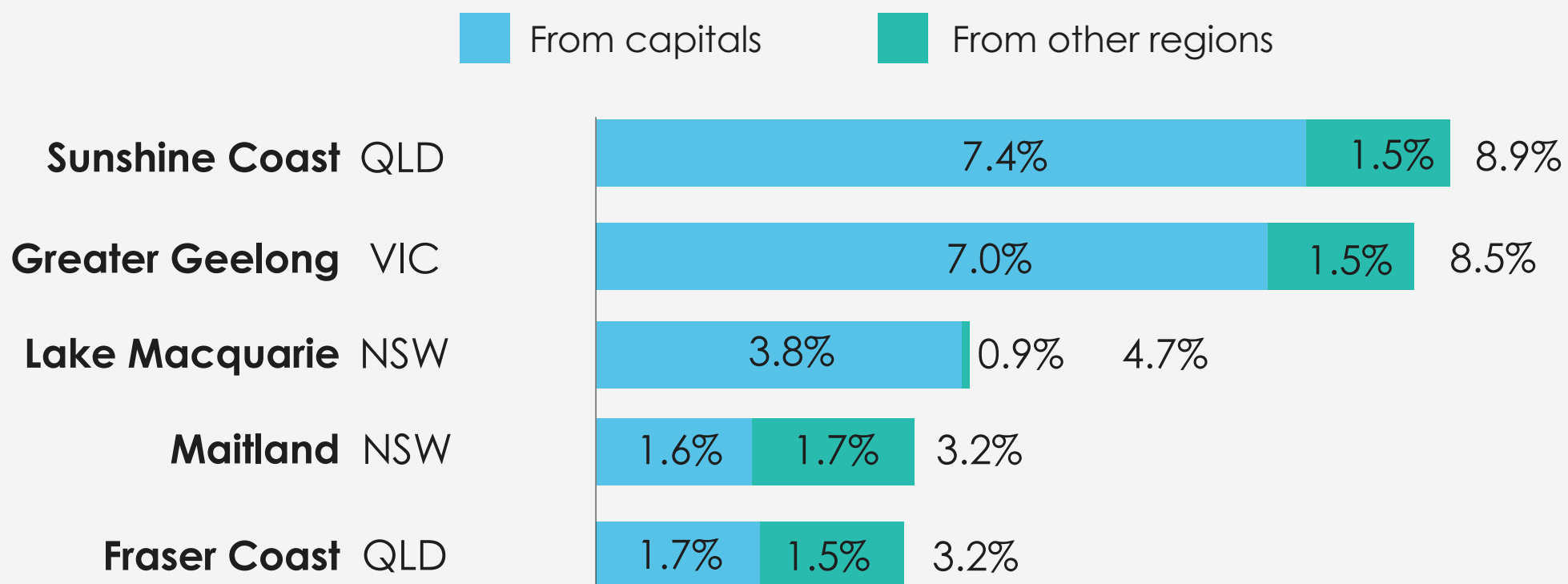
Both LGAs continue to gain significantly more population from the capitals than from other regions. This is also the case for Lake Macquarie in third place.

Maitland in New South Wales and Fraser Coast in Queensland rounded out the top five LGAs for greatest net internal migration. These LGAs are experiencing a more even split of net migration from both capitals and other regions.

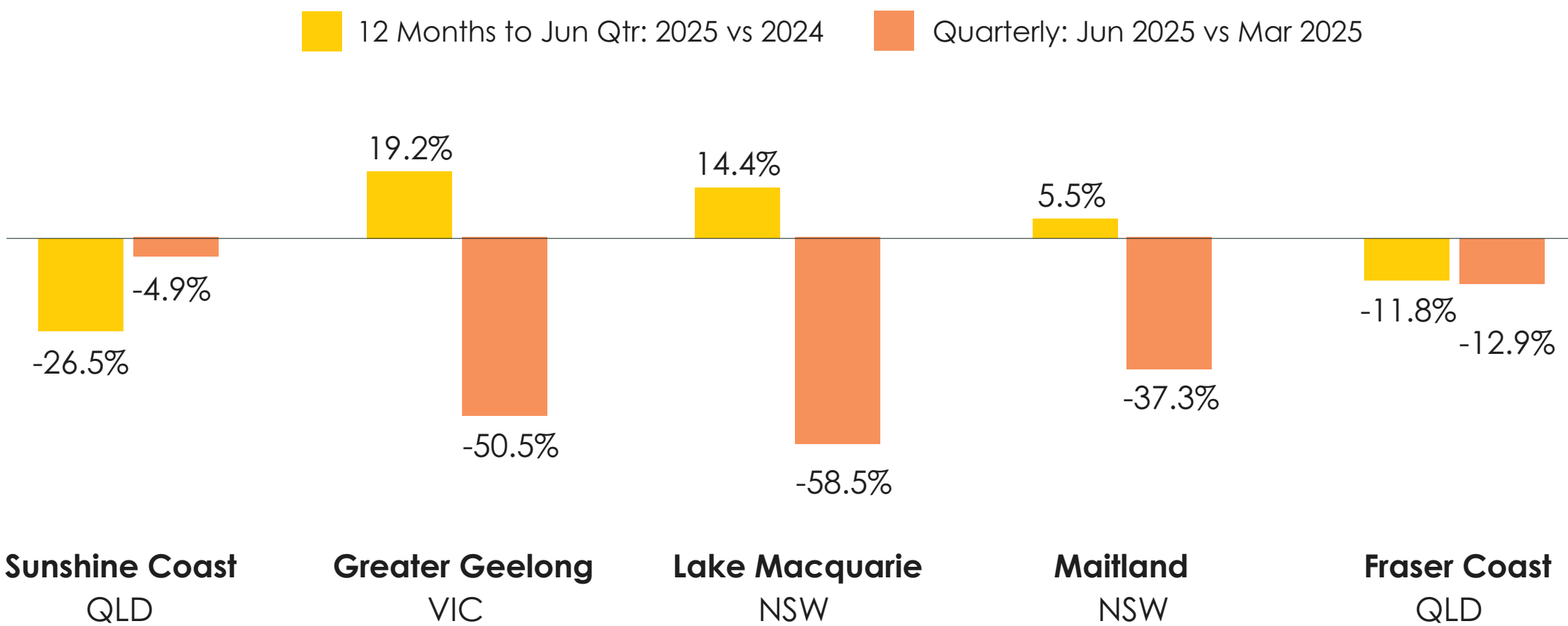
Consistent with the decline in mobility overall, all five LGAs experienced lower net migration in the June quarter than the March quarter.

Net internal migration is: net flows (inflows – outflows) from capitals to regions + net flows (inflows – outflows) from region to region.

Top Five LGAs by share of total net internal migration to regional Australia, 12 months to Jun 2025



Changes in **total net internal migration** inflows to Top Five LGAs



Regional Hotspots by Growth

Top Five LGAs: greatest growth in net internal migration inflows

Growth hotspots of net internal migration during the 12 months to June 2025 quarter were spread widely across the country.

These growth hotspots – where net internal migration in the 12 months to June 2025 grew most significantly over the previous year – are generally outside of the peri-urban, capital-city commuter belts.

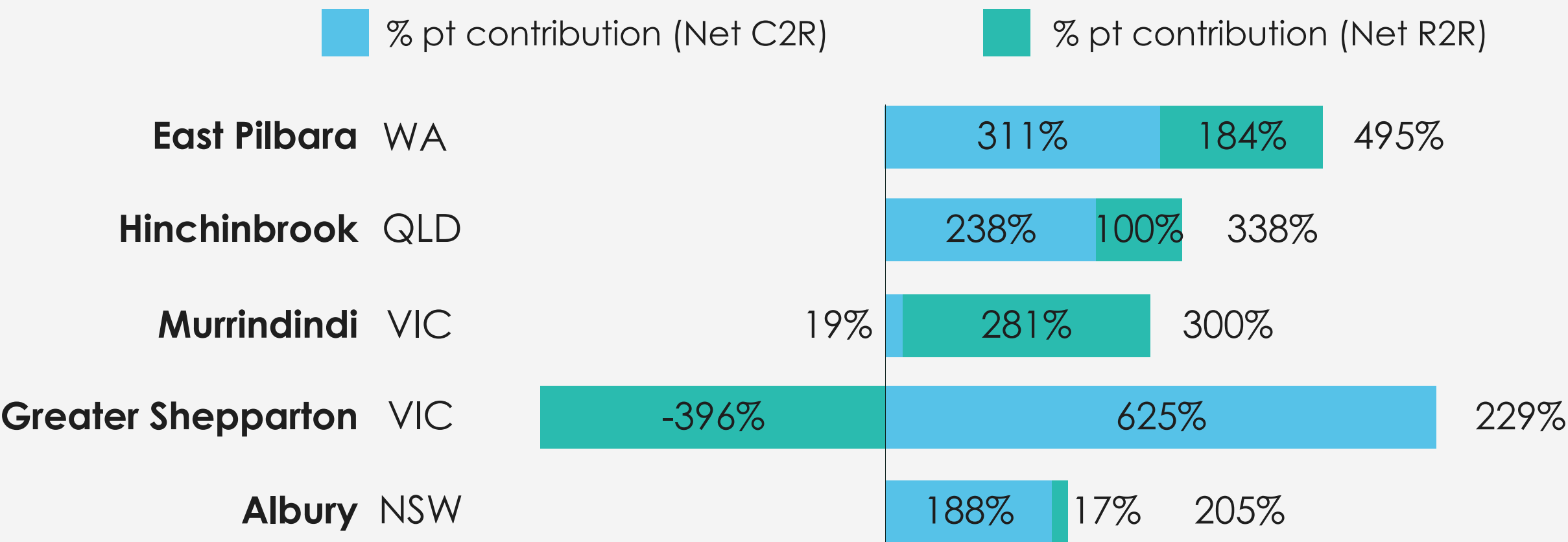
Across all of Australia's regions, WA's East Pilbara recorded the strongest annual growth in net internal migration during the 12 months to June 2025. The growth was driven by net migration from both capitals and regions; slightly more so from the former.

Hinchinbrook in Queensland, at second place, saw net migration from capitals as a key driver of strong growth in overall net migration during this period.

Third strongest growth was recorded at Murrindindi in Victoria, driven largely by growth in net migration from other regions. Greater Shepparton, in fourth place, experienced significant growth in movement from capitals but also significant movement away to other regions.

Rounding out the top five for growth in net internal migration was Albury in New South Wales. The growth in Albury was driven almost entirely by growth in net migration from capitals.

Top Five LGAs by annual growth in total net internal migration inflows
12 months to Jun 2025 vs 2024, % change



Most Popular Places for Capital-City People

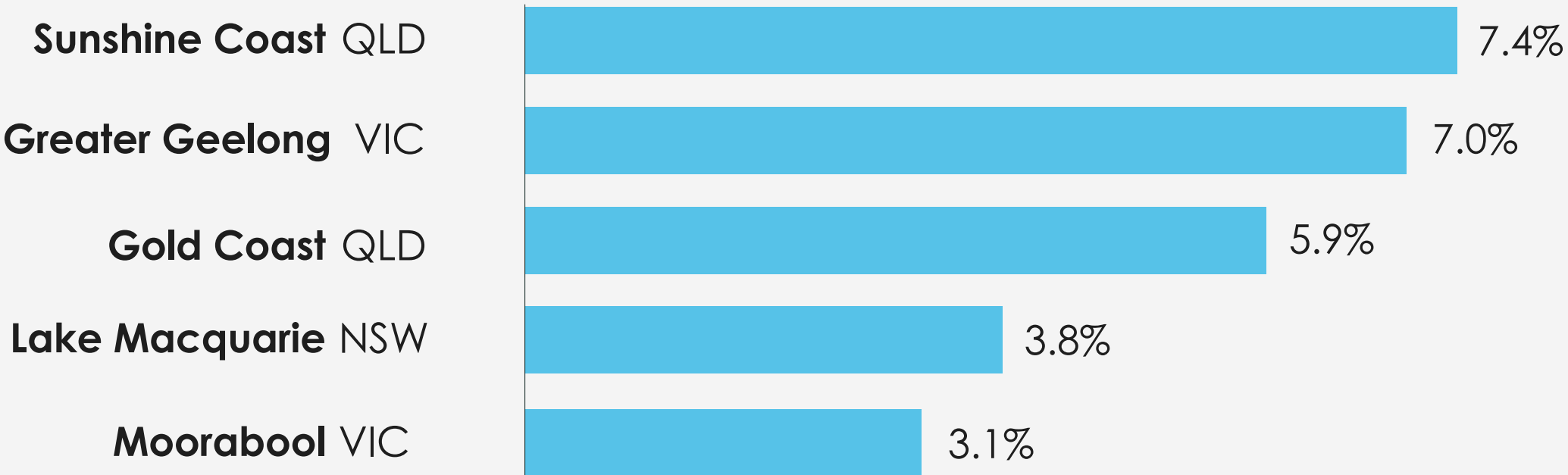
Top Five LGAs: largest net inflows from capitals

These regions across the country gained the highest share of population movement from capitals, in net terms.

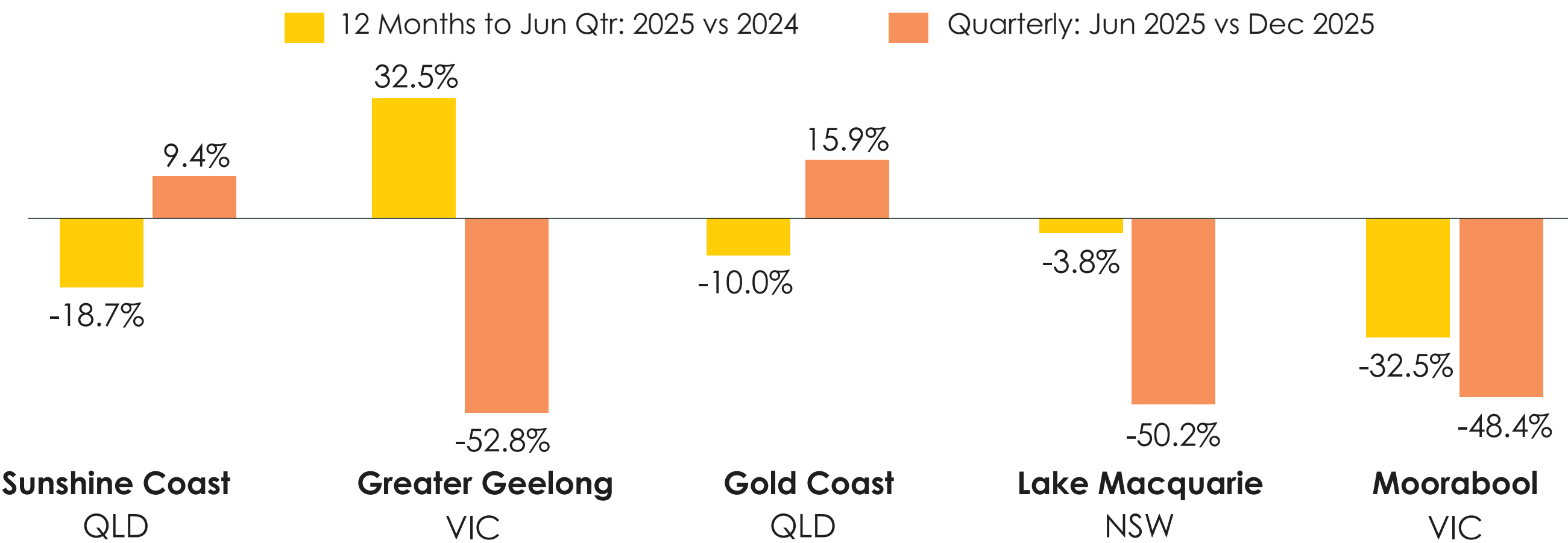
After unseating the Sunshine Coast, Greater Geelong has slipped back to the number two position, for largest net inflows from capitals. The Sunshine Coast resumed its number one position, accounting for 7.4 per cent of the net migration from capitals to regions.

The Gold Coast, Lake Macquarie and Moorabool round out the top five positions, accounting for 5.9 per cent, 3.8 per cent and 3.1 per cent, respectively of the net migration from capitals to regions.

Top Five LGAs **by share of net capital-regional migration**
12 months to Jun quarter 2025



Quarterly and annual change in **net capital-regional migration**
inflows to Top Five LGAs



Net migration inflows from capitals are: inflows from capitals minus outflows to capitals.

Increasingly Popular Places for Capital-City People

Top Five LGAs: greatest growth in net inflows from capitals

Hotspots for growth in net inflows from capitals are spread widely across the country.

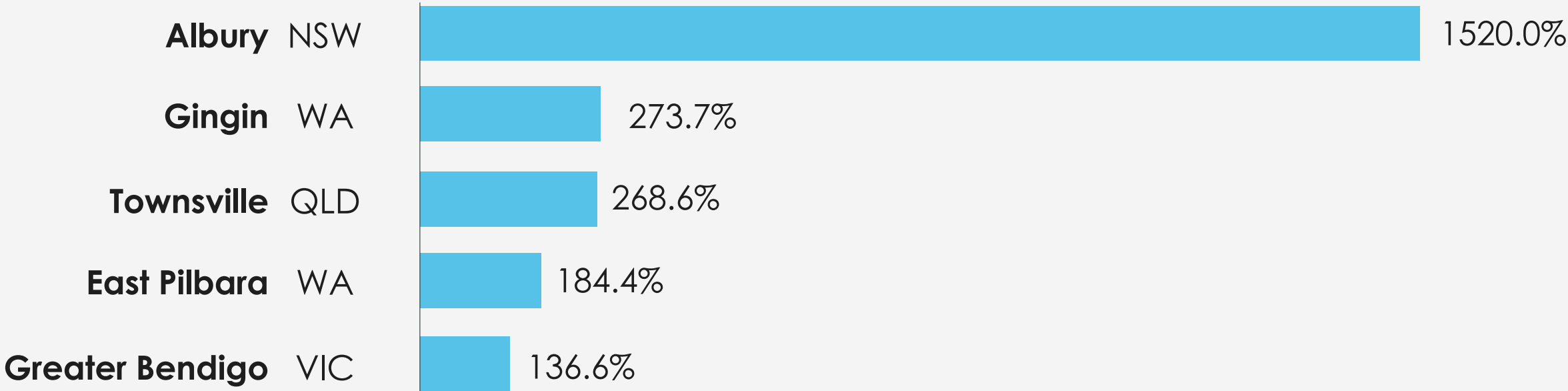
The New South Wales border town of Albury experienced the greatest growth in net migration from capitals – a 16-fold increase in the 12 months to June 2025 compared with the previous year.

Second place, for growth in net migration from capitals, is Western Australia's Gingin.

Townsville in Queensland, East Pilbara in Western Australia and Greater Bendigo in Victoria make up third, fourth and fifth places, respectively.

Townsville and Greater Bendigo have consistently shown strong net migration growth from capital cities, and that upward trend continues.

Top Five LGAs **by annual growth in net capital-regional migration**
12 months to Jun 2025 vs 2024, % change



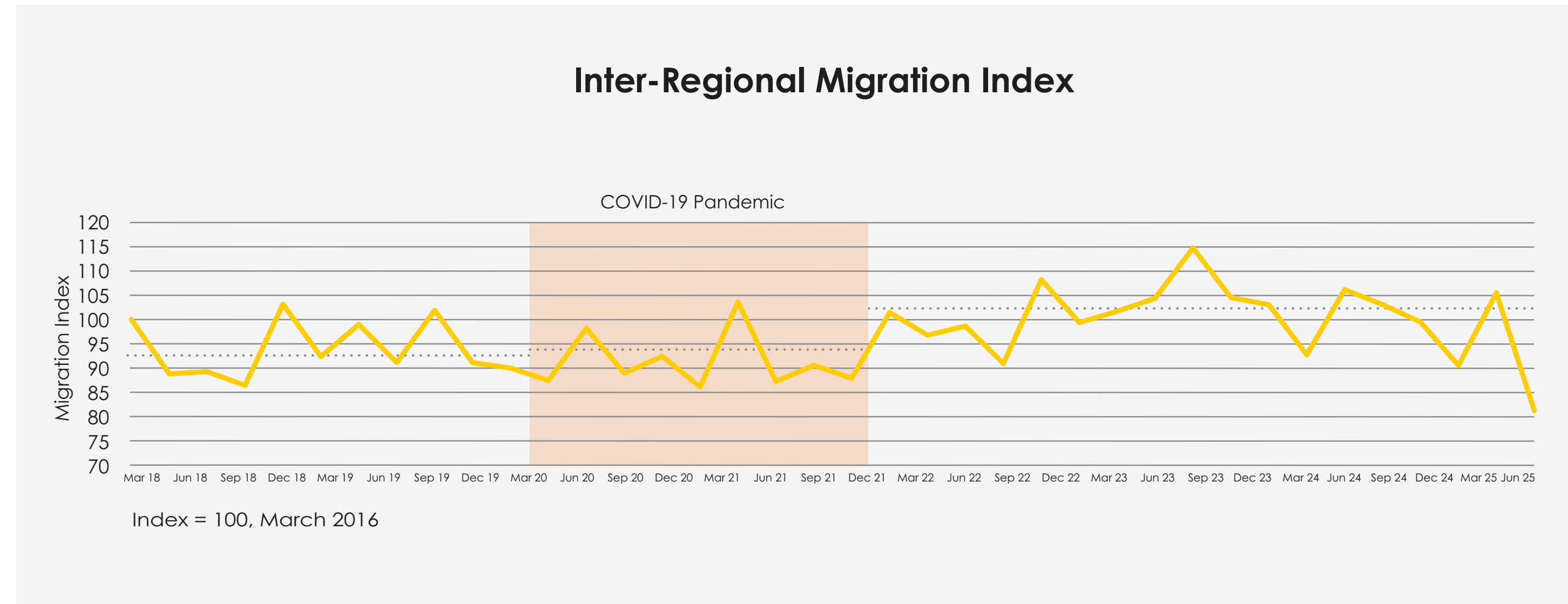
Inter-Regional Migration

Inter-regional migration drops to record low

Consistent with the drop in relocations generally across the country, inter-regional migration, in absolute terms, fell by 23.0 per cent in the June 2025 quarter.

The level of inter-regional migration in the June quarter is the lowest for the history of this series, which commenced in 2016.

A recent trend of declining mobility within regions has emerged. This follows peak levels of relocations that occurred within regions during the March quarter of 2023. The past seven quarters have recorded a lower level of inter-regional migration than in the equivalent quarter a year previously. This may point to greater population stability emerging in regional areas following the significant flux of the pandemic years.

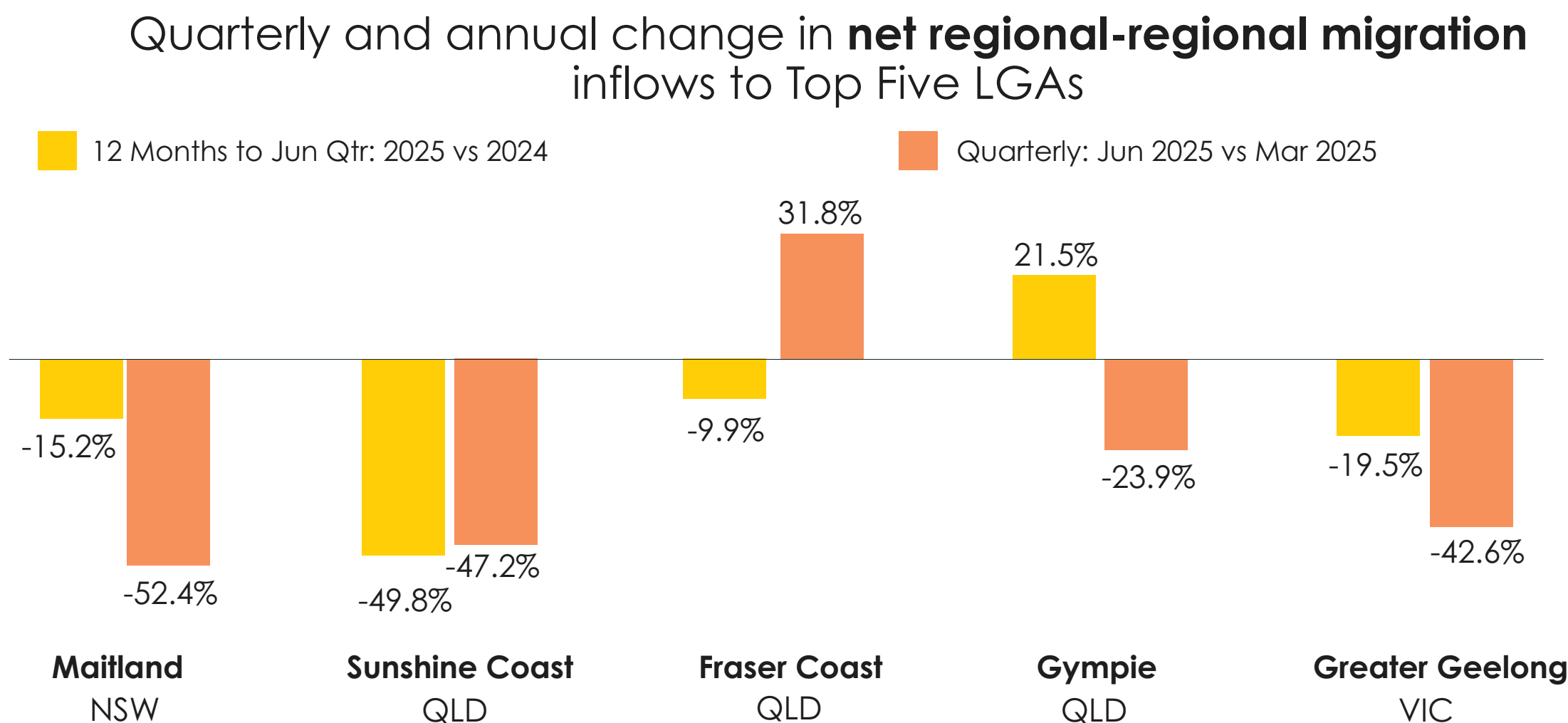
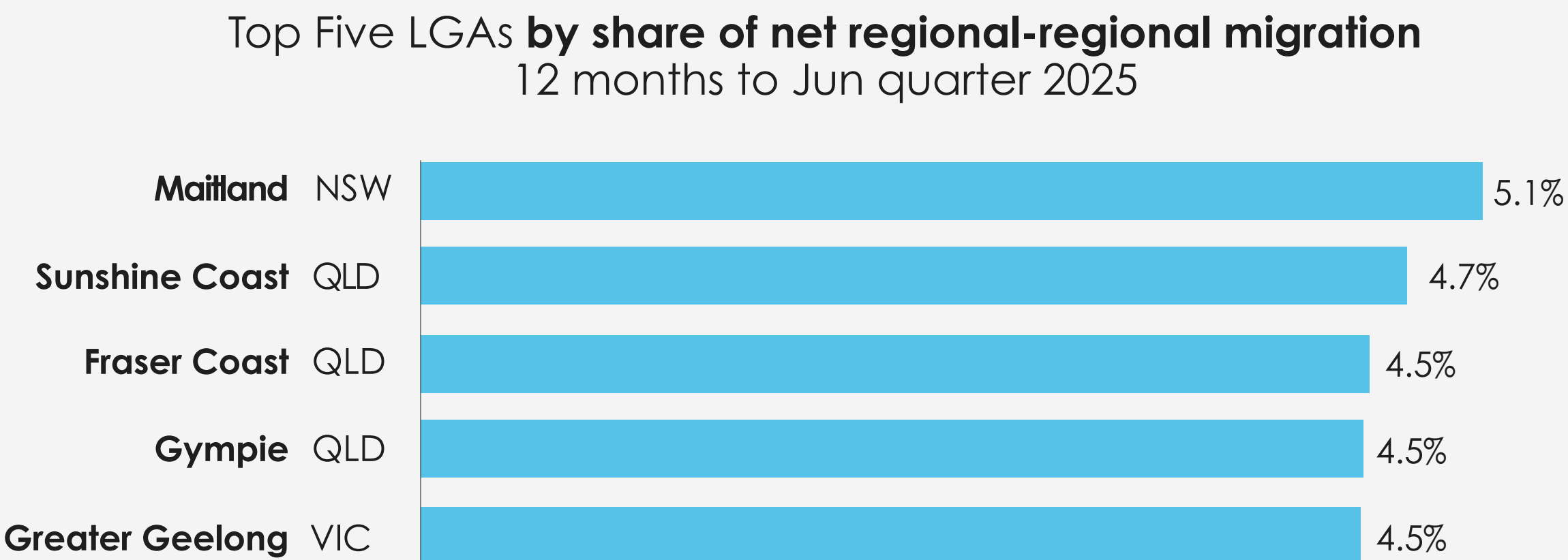


Most Popular Places for Regional People

Top Five LGAs: largest net inflows from regions

While this publication mostly focuses on migration flows between capitals and regions, it is also the case that some regions across the country are gaining significant population from other regions, in net terms. Many of these regions also receive strong net inflows from capital cities.

Maitland in New South Wales saw the largest net inflows from other regions during the past twelve months, followed by Sunshine Coast, Fraser Coast and Gympie in Queensland. Geelong in Victoria rounded out the fifth most popular place for regional people relocating within regions.



It should be noted that the net migration inflows from regions are: inflows to a region minus the outflow to other regions.

Increasingly Popular Places for Regional People

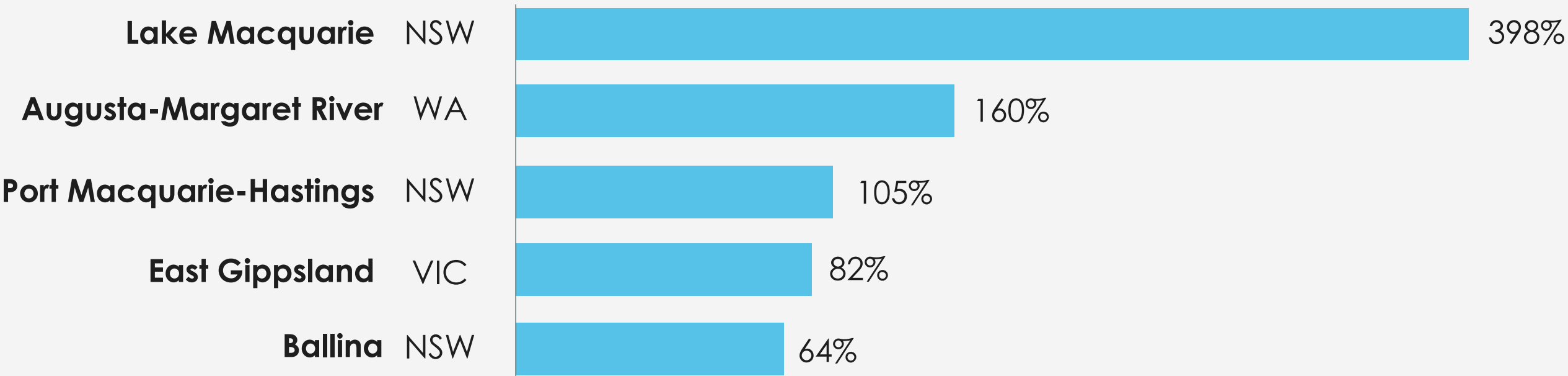
Top Five LGAs: greatest growth in net inflows from regions

The top five LGAs with the highest rates of growth in net migration from other regions are spread widely, spanning NSW, WA and VIC.

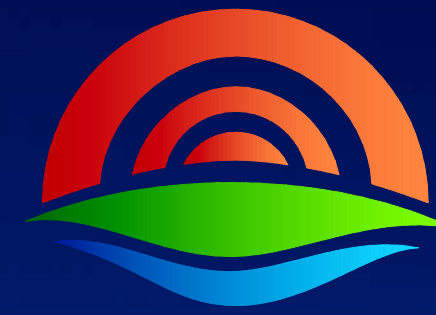
Taking out the top spot was Lake Macquarie with a growth rate more than double Augusta-Margaret River in second place.

Port Macquarie-Hastings in NSW, East Gippsland in Victoria and Ballina in NSW round out the top five places experiencing the strongest growth in net migration from other regions during the last 12 months.

Top Five LGAs **by annual growth in net regional-regional migration**
12 months to Jun quarter 2025 vs 2024, % change



Appendix



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A1: Regional Movers Index

Methodology Notes



- 1 CBA-RAI Regional Movers Index is defined as movement of CBA personal customers from capital cities to regional areas (see A1.2). Index = 100, June 2016 quarter.
- 2 Customer movement or population flows refers to CBA personal customers changing their address as stored in CBA technological systems. Customers must have stayed at one address for 6 months (prior to moving) to be counted.
- 3 Capital cities/Regional areas defined through ABS 1270.0.55.001 GCCSA boundaries. Capital cities go by the GCCSA_NAMES of: Greater Sydney, Greater Melbourne, Greater Brisbane, Greater Adelaide, Greater Perth, Greater Hobart, Greater Darwin and Australian Capital Territory. Regional areas go by the GCCSA_NAMES of: Rest of NSW, Rest of Vic, Rest of QLD, Rest of SA, Rest of TAS, Rest of NT. Offshore and 'No usual address' GCCSA_NAMES excluded. ACT has no regional areas.
- 4 Relocations within capitals and within regions are those that are across different LGAs. That is, relocations WITHIN a given LGA are not considered or counted as a relocation. See p 22, Note on methodology: definitions of inter-regional, inter-capital, region-capital and capital-region migration
- 5 The Net regional migration index is calculated as movement from capital areas to regional less movement from regional areas to capital cities. Index = 100, June 2016 quarter.
- 6 LGAs are defined through ABS 1270.0.55.003 ASGS Volume 3 – Non ABS Structures.
- 7 To be listed on the RMI appendix – and considered for the various Top 5 rankings – an LGA must:
 - Have had net internal migration inflows in last 12 months to June 2025 of 50 or more people.
 - Have had a base of net internal migration, net capital-region or net region-region inflows in last 12 months to June 2024 of more than 10 people. This is to filter out significant outlier results associated with changes in small numbers. Significant outlier growth rates are not published or ranked.
- 8 14 LGAs have a percentage of their constituency defined as Capital and the other percentage defined as Regional. These LGAs include Scenic Rim (R), Light (RegC), Barossa (DC), Yarra Ranges (S), Lockyer Valley (R), Kingborough (M), Murrindindi (S), Derwent Valley (M), Murray (S), Mallala (DC), Moorabool (S), Mitchell (S), Macedon Ranges (S), Unincorporated NT.]
- 9 The proportion of CBA customers in each state as percentage of total customers is representative of overall Australian population (ABS National, state and territory population released 18th June 2021 for December 2020 reference period).
- 10 The Business Banking business unit of the Commonwealth Bank of Australia ABN 48 123 123 124 AFSL 234945 (Bank) has prepared this report. References to the “Group” are to the Bank and its subsidiaries (including Commonwealth Securities Limited ABN 60 067 254 300 AFSL 238814, Commonwealth Australia Securities LLC and CBA Europe Ltd) and includes the directors, employees and representatives of the Bank and its subsidiaries.

A2: All LGAs

Share of Migration, Changes in Total Net Internal Migration



LGA	State	Share of TOTAL NIM (%)	Share of NET C2R Migration (%)	Share* of NET R2R Migration (%)	12 months to Jun 2025 vs 12 months to Jun 2024 (%)
Sunshine Coast	QLD	8.9%	7.4%	4.7%	-26.5%
Greater Geelong	VIC	8.5%	7.0%	4.5%	19.2%
Lake Macquarie	NSW	4.7%	3.8%	2.9%	14.4%
Maitland	NSW	3.2%	1.5%	5.1%	5.5%
Fraser Coast	QLD	3.2%	1.7%	4.5%	-11.8%
Moorabool	VIC	3.0%	3.1%	-0.4%	-35.6%
Gold Coast	QLD	2.8%	5.9%	-9.3%	-19.2%
Greater Bendigo	VIC	2.8%	1.8%	3.0%	84.3%
Shellharbour	NSW	2.7%	1.4%	3.7%	20.7%
Port Macquarie-Hastings	NSW	2.4%	1.7%	2.2%	-3.6%
Shoalhaven	NSW	2.4%	2.0%	1.0%	-2.0%
Ballarat	VIC	2.3%	1.8%	1.5%	3.0%
Mid-Coast	NSW	2.1%	2.0%	0.5%	-6.1%
Cessnock	NSW	2.1%	1.3%	2.4%	-21.5%
Gympie	QLD	1.9%	0.5%	4.5%	5.1%
Tweed	NSW	1.9%	1.3%	1.8%	-3.9%
Townsville	QLD	1.8%	0.8%	3.2%	-2.8%
Busselton	WA	1.8%	1.3%	1.6%	-0.7%
Port Stephens	NSW	1.6%	1.2%	1.0%	-32.3%
Bass Coast	VIC	1.6%	1.5%	0.2%	-9.9%
Toowoomba	QLD	1.5%	0.2%	4.0%	12.3%

LGA	State	Share of TOTAL NIM (%)	Share of NET C2R Migration (%)	Share* of NET R2R Migration (%)	12 months to Jun 2025 vs 12 months to Jun 2024 (%)
Albury	NSW	1.5%	1.0%	1.6%	205.0%
Noosa	QLD	1.3%	1.7%	-1.4%	40.4%
Bundaberg	QLD	1.3%	0.6%	2.0%	-32.4%
Baw Baw	VIC	1.3%	1.7%	-1.4%	-43.6%
Livingstone	QLD	1.3%	0.6%	2.0%	4.4%
East Gippsland	VIC	1.2%	1.0%	0.8%	44.9%
Ballina	NSW	1.2%	0.7%	1.6%	5.9%
Wingecarribee	NSW	1.1%	1.6%	-1.4%	2.2%
Augusta-Margaret River	WA	1.1%	0.7%	1.1%	12.1%
Latrobe	VIC	0.9%	0.7%	0.6%	50.3%
Byron	NSW	0.9%	1.6%	-2.2%	74.2%
Queanbeyan-Palerang Regional	NSW	0.9%	1.2%	-0.9%	45.6%
Snowy Valleys	NSW	0.8%	1.0%	-0.4%	3.0%
Mackay	QLD	0.8%	0.2%	1.9%	-61.1%
Bega Valley	NSW	0.8%	0.6%	0.6%	12.1%
Gladstone	QLD	0.8%	0.3%	1.6%	-34.5%
Surf Coast	VIC	0.8%	1.0%	-0.8%	-38.4%
Scenic Rim	QLD	0.7%	0.3%	1.5%	0.0%
Alexandrina	SA	0.7%	0.7%	0.2%	-25.4%
Southern Downs	QLD	0.7%	0.5%	0.6%	-6.3%
Victor Harbor	SA	0.7%	0.5%	0.8%	58.2%

* a negative share of Net Regional-Regional Migration indicates the LGA experienced a net outflow of people to other regions; the percentage listed is the percent this LGA's outflows represents out of the sum of outflows from all LGAs that experienced a net outflow of people to other regions

* a positive share of Net Regional-Regional Migration indicates the LGA experienced a net inflow of people from other regions; the percentage listed is the percent this LGA's outflows represents out of the sum of inflows to all LGAs that experienced a net inflow of people from other regions. See p 18 on the Appendix A4 for definitions and methodology.

A2: All LGAs

Share of Migration, Changes in Total Net Internal Migration



LGA	State	Share of TOTAL NIM (%)	Share of NET C2R Migration (%)	Share* of NET R2R Migration (%)	12 months to Jun 2025 vs 12 months to Jun 2024 (%)
Whitsunday	QLD	0.7%	0.7%	-0.1%	-35.7%
Eurobodalla	NSW	0.7%	0.7%	-0.2%	9.2%
Moirra	VIC	0.7%	0.7%	-0.3%	32.8%
Greater Geraldton	WA	0.6%	0.1%	1.6%	-1.3%
Harvey	WA	0.6%	0.2%	1.2%	2.0%
South Burnett	QLD	0.6%	0.5%	0.4%	27.4%
Orange	NSW	0.6%	0.8%	-0.8%	7.2%
Albany	WA	0.5%	0.4%	0.5%	-35.7%
Capel	WA	0.5%	0.2%	1.1%	95.5%
Goulburn Mulwaree	NSW	0.5%	0.5%	0.1%	0.0%
Rockhampton	QLD	0.5%	0.3%	0.7%	59.7%
Bunbury	WA	0.5%	0.3%	0.5%	44.7%
Yass Valley	NSW	0.5%	0.5%	-0.2%	39.8%
Richmond Valley	NSW	0.5%	0.2%	1.0%	48.7%
Clarence Valley	NSW	0.5%	0.2%	0.8%	-70.3%
East Pilbara	WA	0.5%	0.4%	0.3%	494.7%
Strathbogie	VIC	0.5%	0.4%	0.2%	-8.9%
Murray River	NSW	0.4%	0.2%	0.7%	-14.2%
Hindmarsh	VIC	0.4%	0.6%	-0.5%	81.8%
Kempsey	NSW	0.4%	0.3%	0.4%	16.7%
Wangaratta	VIC	0.4%	0.3%	0.4%	13.3%
Northam	WA	0.4%	0.3%	0.4%	-30.9%
Copper Coast	SA	0.4%	0.2%	0.4%	66.7%

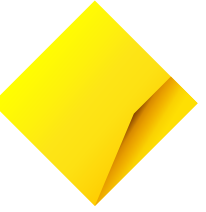
LGA	State	Share of TOTAL NIM (%)	Share of NET C2R Migration (%)	Share* of NET R2R Migration (%)	12 months to Jun 2025 vs 12 months to Jun 2024 (%)
Mid-Western Regional	NSW	0.4%	0.6%	-0.9%	-52.5%
Golden Plains	VIC	0.3%	0.2%	0.5%	-55.7%
Denmark	WA	0.3%	0.2%	0.3%	72.3%
Greater Shepparton	VIC	0.3%	0.4%	-0.3%	229.2%
Gingin	WA	0.3%	0.3%	0.1%	85.7%
Wellington	VIC	0.3%	0.5%	-0.7%	-29.2%
Huon Valley	TAS	0.3%	0.3%	0.1%	177.8%
Light	SA	0.3%	0.3%	0.0%	63.0%
Kangaroo Island	SA	0.3%	0.2%	0.2%	14.1%
Greater Hume Shire	NSW	0.3%	0.1%	0.5%	21.8%
Mansfield	VIC	0.3%	0.4%	-0.3%	-25.8%
Murrindindi	VIC	0.3%	0.3%	-0.1%	300.0%
Nambucca Valley	NSW	0.3%	0.2%	0.1%	33.3%
Ceduna	SA	0.3%	0.3%	0.0%	-21.0%
Queenscliffe	VIC	0.2%	0.2%	0.3%	-14.1%
Lithgow	NSW	0.2%	0.6%	-1.0%	181.0%
Hinchinbrook	QLD	0.2%	0.1%	0.4%	338.5%
Mid Murray	SA	0.2%	0.2%	0.2%	-26.3%
Moyne	VIC	0.2%	0.2%	0.1%	51.4%
Yankalilla	SA	0.2%	0.2%	0.0%	29.3%
Barossa	SA	0.2%	0.3%	-0.2%	-53.6%
Donnybrook-Balingup	WA	0.2%	0.1%	0.3%	33.3%
Yorke Peninsula	SA	0.2%	0.2%	0.1%	-29.6%

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* a positive share of Net Regional-Regional Migration indicates the LGA experienced a net inflow of people from other regions; the percentage listed is the percent this LGA's outflows represents out of the sum of inflows to all LGAs that experienced a net inflow of people from other regions. See p 18 on the Appendix A4 for definitions and methodology.

A4: Note on methodology

Net migration and population growth



The Regional Movers Index publication was established at the height of the COVID-19 pandemic to answer the pertinent question at the time: were capital city people fleeing to the regions? The RMI showed this to be well and truly the case. It also highlighted that regional people were tending to stay in regions and avoid those severe capital-city lockdowns.

Now that Australia is living with COVID and population flows from regions to capitals have resumed, the RMI publication is honing its focus to understand the **NET** migration inflows that Australia's regions are continuing to experience. That is, the RMI is now not only considering the one-way flow of population movements from capitals to regions, but it is also considering the population movements in the other direction, by focusing on net flows. The RMI publication is also now considering the breakdown

of net migration flows into the various regional LGAs: net migration from capital cities and net migration from other regions. Together, this provides an invaluable source of information on a key driver of local population changes: net internal migration.

- A region's population will change according to changes in:
- Its **natural increase** – local births minus deaths
- Its **net overseas migration** – overseas people moving in minus local people moving overseas
- Its **net internal migration** – people from other regions (within Australia) moving in minus local people moving to other regions (within Australia)
- Calculated as:
Total Net internal migration = Net flows (inflows - outflows) from Capital to Region + Net flows (inflows - outflows) from Region to Region

The RMI's reporting on net internal migration sheds much-needed light on this notorious swing variable underneath total population changes. It will also provide policymakers, industry and communities with the added understanding of local population dynamics driven by capital city versus regional migration patterns.

A4: Note on methodology

Ranking the Top Five LGAs

In considering net internal migration – and its constituent parts of net migration from capitals and net migration from other regions – this edition of the RMI ranks regions accordingly, i.e. based on:

- (1) **Total Net Internal Migration** – the report identifies the top five regional local government areas receiving the largest net internal migration inflows (irrespective of whether these inflows are from capitals or other regions) during the 12 months to the June quarter 2025. It also identifies the top five regional LGAs that have experienced the most significant growth in net internal migration inflows (again, irrespective of whether these inflows are from capitals or other regions).
- (2) **Net Capital-to-Regional Migration** – the report identifies the top five regional LGAs receiving the largest net migration inflows from capital cities. It does so by identifying and ranking the regions that have received the greatest share of total net migration inflows from all capitals to all regional LGAs. It also identifies the top five regional LGAs that have experienced the most significant growth in net migration inflows from capital cities.
- (3) **Net Region-to-Region Migration** – the report identifies the top five regional LGAs receiving the largest net migration inflows **from regional areas**. It does so by identifying the regions that have experienced the greatest share of total net migration inflows **among the regional LGAs that have experienced net inflows**. The report also identifies the top five regional LGAs that have experienced the most significant growth in net migration inflows from regional areas.

Regarding the ranking of regions experiencing the most significant growth in net migration inflows, the RMI has sought to filter out – and not include in the rankings – significant outlier results due to changes in small numbers. There are many regional LGAs with small populations prone to experiencing small net internal migration flows and therefore large percentage changes in growth rates. These places are not included in the RMI rankings. Specifically, an LGA must meet two criteria to be considered and ranked in the RMI publication:

1. The LGA must have experienced total net internal migration inflows in the previous 12 months of 50 or more people
2. The LGA must have experienced net internal migration inflows from either capitals or other regions of more than 10 people in the base period. Specifically:
 - a) LGAs where the net migration **inflows from either capitals or regions were 10 people or less in the base period** were not ranked among the regions experiencing the most significant growth in total net migration inflows.
 - b) LGAs where the net migration **inflows from capitals were 10 people or less in the base period** were not ranked among the regions experiencing the most significant growth in net migration **inflows from capitals**.
 - c) And LGAs where the net **migration inflows from other regions were 10 people or less in the base period** were not ranked among the regions experiencing the most significant growth in net migration inflows **from regions**.

A4: Note on methodology

Definitions of inter-regional, inter-capital, region-to-capital and capital-to-region migration

The Regional Movers Index publication focuses on migration (as indicated by CBA customer relocations) from capital cities to regions. Specifically, the relocations from capital-city Local Government Areas to regional LGAs. Since December 2022 the publication also considers (but previously hadn't focused on) migration in the other direction – from regional LGAs to capital-city LGAs. These relocations are necessarily between different LGAs (with some exceptions noted in Appendix A1).

Other relocations that occur during any given quarter are those within and between capital-cities and also those within and between regions. In addition to relocations between different LGAs, a significant number of relocations in any given quarter are within a given LGA – households changing their homes, but remaining within their overall community.

Until December 2022 the RMI publication included these relocations within its overall analytical framework. Including these gives a higher number of relocations than excluding them and this influences the numbers in the RMI report up to that issue showing the shares that each type of relocation accounts for out of all relocations. These shares are highlighted typically at the beginning of each quarter's publication (see. Table, **Breakdown of total internal migration** on p3 of December 2022 edition). Under that analytical framework, of all relocations:

- those within regional Australia have accounted for roughly 22 per cent;
- those from regional Australia to capitals have accounted for around 4 per cent;
- those from capitals to regional Australia have accounted for around 6 per cent, and
- those within and between capitals have accounted for around 68 per cent each quarter.

From December 2022 the Regional Movers Index publication includes additional detailed analysis on inter-regional migration – migration within and between Australia's regions. This is to provide an indication of another key source of population growth at the LGA level (beyond the inflows from capital-city LGAs). Relocations within a given regional LGA will not affect that LGA's overall population, and excluding these moves does not affect the RMI analysis of capital to regional flows or regional to capital flows. To get more accurate results of relocations between regions, the RMI now uses a revised analytical framework to **exclude** relocations that occur within any given LGA. We have applied this framework across the relevant elements of the publication for internal consistency. Under this revised analytical framework, we are analysing fewer but what might be called major relocations (see Table, Breakdown of total major relocations of p3 of this edition). Reducing the base number of relocations has changed the relative shares:

- those within regional Australia account for roughly 13 per cent;
- those from regional Australia to capitals account for around 10 per cent;
- those from capitals to regional Australia account for around 11 per cent, and
- those within and between capitals account for around 66 per cent this latest quarter.

Rebasing the analysis does not change the historical pattern of **capital city to regional** flows or **regional to capital flows** that underpin the RMI net migration index.